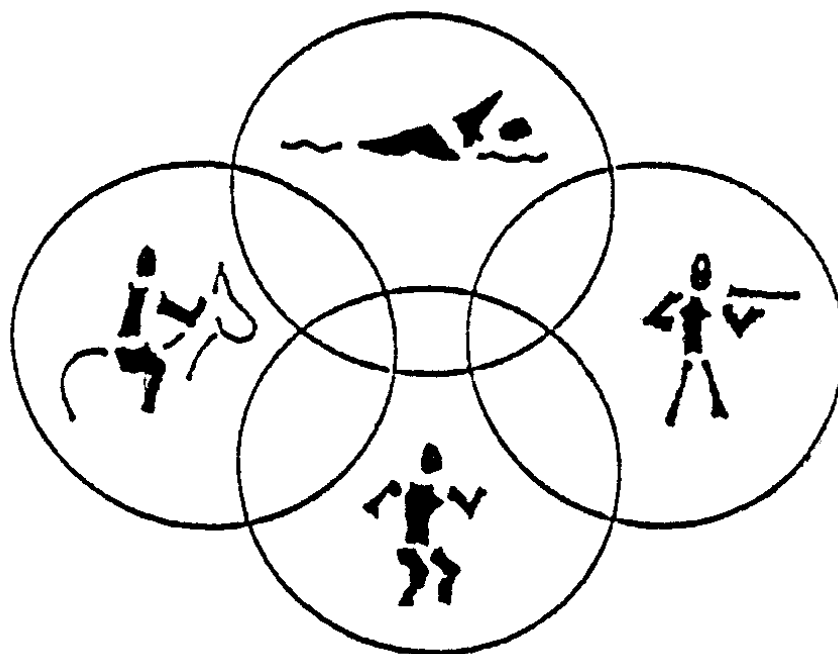


PONY CLUB ASSOCIATION OF WESTERN AUSTRALIA INC



RULES FOR TETRATHLON



February 2011



Go for 2 & 5TM
FRUIT VEG

PCAWA Rules for Tetrathlon

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FOREWORD

1. AIM

The Aim of the Pony Club Tetrathlon is to provide Members and Associates with a challenging competition requiring sound practical horsemanship and general athletic ability. Thus all-rounders should be encouraged to further their interest in riding and the horse by combining riding with other activities, thereby retaining their interest in the Pony Club.

2. ORGANISER

The Organiser of the State Tetrathlon shall be the State Tetrathlon Sub Committee of the PCAWA.

3. ORGANISATION

Although the full Tetrathlon can be completed in one day, it is very tiring for both organisers and competitors, and does not produce the best performances. The order for completing the four phases (riding, running, shooting and swimming) will be at the discretion of the Tetrathlon Sub-Committee.

4. RULES

The PCAWA Rules for Tetrathlon Competitions follow in Parts I and II. For any eventuality not covered in the Riding phase of the Tetrathlon Rule Book refer to the most recent P.C.A.W.A. Eventing Addendum in conjunction with the most recent EA national eventing rules. In any unforeseen or exceptional circumstances, it is the duty of the official/s responsible to make a decision in a sporting spirit and in accordance with the intention of these rules. A competitor is ultimately responsible for knowing these Rules and complying with them. The appointment of a steward or official, whether or not provided for in these Rules, does not absolve the competitor from such responsibility.

5. AGE LIMITS

The Tetrathlon is open to all Pony Club Members and Associates eight years to twenty-five years of age inclusive. Age is at first day of Year (E.G 1st of Jan in the year of competition). The provision of Open Classes is at the discretion of the organising committee..

6. SCORING

The Pony Club scoring system is similar to the Modern Pentathlon method in that competitors score positive points according to the standard of their performance in each phase. In the Running and the Riding Phases, they are based on standards of 1,000 and 1,400 respectively, competitors having marks deducted or, in the Running, bonus marks added, according to their performance compared to the standard. In the Shooting and Swimming positive marks are awarded for shots on target and distances swum and on scales such that scores are commensurate with those of other phases.

Ideally each phase should leave an equal influence on the final result (except that riding should have slightly more weight) but in practice this is unlikely to be achieved exactly. It should be appreciated that the influence of a phase is governed by the spread of the scores, not by the maximum achieved or achievable

7. TETRATHLON CHAMPIONSHIPS

Refer to Part IV page 18 for special rules relating to Terathlon State Championship

8. CONCLUSION

It is important for organisers not to lose sight of the aim of the competition from the Pony Club point of view. Pressures are bound to be put on them to reduce the importance of the Riding phase in one way or another, such as encouraging incompetent riders by dispensing with elimination (score 0) for more than a certain number of refusals, and even to run competitions without the Riding phase at all. These should be resisted, except that dismounted competitions may be run when the ground is unsuitable for a cross-country riding competition. The Pony Club is an organisation run by horsemen for young riders, and therefore all other phases of this type of competition should take second place to the riding phase. Some members may join the Pony Club to learn their riding for this type of competition. This is fine provided it is remembered that their interest in horses should not stop at what is required for the Tetrathlon. They should be encouraged as much as possible to take part in other Pony Club activities and to improve their knowledge of the horse and their all-round riding ability.

PONY CLUB ASSOCIATION OF WESTERN AUSTRALIA

CODE OF CONDUCT



Members should be aware of the Aims and Objectives of Membership:

- To encourage young people to ride and learn to enjoy all approved kinds of sport connected with horses and riding
- To provide instruction in horsemastership and to instil in members the proper care of their animals
- To promote the highest ideals of fellowship, citizenship and loyalty and to cultivate strength of character and self-discipline.

Members should be aware Pony Club is a Youth movement and has always maintained a high standard of behaviour and presentation.

Members should be aware if they are representing the Pony Club in any shape or form, whether it is Club, Zone, state or Country, that it is expected that their behaviour would never compromise, bring into disrepute or embarrass the Pony Club Association.

Member should be proud of their involvement in the Pony Club movement and in their uniform.

Members should be aware they are under scrutiny by their elders, other Associations and particularly the more junior members of the Pony Club and so should always be setting the example.

In all equestrian sports the safety and comfort of the horse and riders must always be considered.

In the interest of the horse/pony, the fitness and competency of the rider shall be regarded essential

This all relates to the PCAWA's main objectives – the safety and comfort of the horse and rider. The enjoyment of the rider and the training of their character. The progress of the rider.

RIDERS' CODE OF BEHAVIOUR

Ride by the rules

Never argue with an official. If you disagree, have your Team Manager approach the Official during a break or after the competition.

Control your temper. Verbal abuse of Officials and sledging other players, deliberately distracting or provoking an opponent are not acceptable or permitted behaviours in any sport.

Work equally hard for yourself and/or for your team. Your team's performance will benefit; so will you.

Be a good sport. Applaud all good efforts whether they are by your team or other competitors.

Treat all participants in your sport as you would like to be treated. Do not interfere with, bully or take unfair advantage of another competitor.

Cooperate with your coach, team-mates and opponents. Without them there would be no competition.

Participate for your own enjoyment and benefit, not just to please parents and coaches.

Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.

There is a Code of Behaviour for Administrators, Officials, Parents,
Spectators, coaches, the Media and for Riders
contained in the PCAWA Handbook, in Section VI

PART I

ORGANIZATION

1. CLASSES OF THE PONY CLUB TETRATHLON.

Horse and Rider combinations are graded according to their performances over the previous twelve months. Age groups of classes will be determined at the discretion of the organising committee. The minimum age for PCAWA 'A' grade and 'B' grade eventing will be adhered to.

(a) **A Grade Competition** **Age as at 1st of Jan in the year of competition:
12 to 25 years inclusive**

(b) **B Grade Competition** **Age as at 1st of Jan in the year of competition:
11 to 25 years inclusive**

Eligibility: If a rider and horse combination has completed **more than one (1)** PCAWA Grade A course or EFA Junior Pre Novice course or above in the twelve (12) months prior to close of entries for Tetrathlon, they are not eligible to compete in the B Grade competitions.

(c) **C Grade Team Competition**

Eligibility: If a rider and horse combination has completed **more than one (1)** PCAWA Grade B, or one (1) EFA Preliminary event (previously EFA Preliminary 1), or one PCAWA B Grade Tetrathlon in the twelve (12) months prior to close of entries for Tetrathlon, they are not eligible to compete in the C Grade competitions overall.

(d) **D Grade Competition**

Eligibility: If a rider and horse combination has completed **more than one (1)** PCAWA Grade C, or one (1) EFA Introductory 1 event (previously EFA Preliminary 2), or one PCAWA Grade C Tetrathlon in the twelve (12) months prior to close of entries for Tetrathlon, they are not eligible to compete in the D Grade competition.

(e) **E Grade Competition**

Eligibility: If a rider and horse combination has completed **more than one (1)** PCAWA Grade D, or one (1) EFA Introductory 1I event, or one PCAWA Grade D Tetrathlon in the twelve (12) months prior to close of entries for Tetrathlon, they are not eligible to compete in the E Grade competition.

(f) **Open Competition**

Eligibility: Competitors shall jump either a PCAWA A Grade, B Grade, C Grade, D Grade or E Grade Course.

(g) **Pony Pairs**

Teams of two in which each individual must compete in two phases. The score is the sum of the two competitors score.

Eligibility: Competitors may jump either a PCAWA A Grade, B Grade, C Grade, D grade or E grade course.

2. FORMAT

In all age groups, boys' and girls' Individual Competitions are graded separately from each other. Details of the standards for each phase are given in the appropriate sections of Part II.

3. PARTICIPATION

- (i) Competitors entered in Pony club classes must be current financial members of a Pony Club affiliated with the PCAWA.
- (ii) Minimum age for horses is 4 years of age.

4. PCAWA MEMBERSHIP

Pony club Competitors may be asked to produce their Pony Club membership card at each event so that membership can be verified by an official of the organising Club/ Zone. In the event of a competitor failing to produce their membership card a copy must be faxed or posted to the organisers the next day, meanwhile ribbons or awards may be withheld until the membership card is produced.

5. SUBSTITUTION

After the closing date no substitutions may be made of horses except in cases of illness, lameness or other unavoidable circumstance which must be certified by veterinary certificate..

6. OFFICIAL STEWARD

The Pony Club Tetrathlon Sub-Committee in conjunction with the Co-ordinator of Eventing Stewards shall appoint an Official Steward for each Tetrathlon. The Official Steward's duties are as follows:

- (a) The Official Steward is responsible for inspecting the courses and arrangements for all phases before these are shown to the competitors. The Official Steward is authorised to insist on alterations if they are not in all respects within the limits laid down in the Rules or, in the Official Stewards opinion, are unsuitable for competition.
- (b) The Official Steward will be present on the days of the Tetrathlon to ensure that it is conducted in accordance with the Rules, to take part in the briefing of the judges, to act as Chairman of the Jury of Appeal and to give what other help and guidance may be required.
- (c) The Official Steward should check that the Medical, Veterinary and First Aid arrangements for the Riding Phase are in accordance with Rule 22.
- (d) The Official Steward may not be called upon to undertake any other duties at the Tetrathlon.
- (e) The Official Steward is authorised to eliminate or disqualify individuals or a team for any misconduct which in their opinion justifies this.

7 MEDICAL

Medical Arrangements in case of Accidents

- A first aid service must be present at all times during all phases of the event.
- An Emergency vehicle must be able to access all parts of the venue

Cross Country and Shooting Phase

- A fully equipped emergency ambulance (or paramedic equivalent) capable of handling and transporting a major trauma victim SHOULD be present during the this phase
- A Medical Doctor SHOULD be present during this phase
- At a minimum, there must be either a fully equipped and staffed emergency ambulance OR a doctor (equipped with a suitable vehicle)

In the event that the medical personnel leave the venue, the event must be halted until such personnel return.

Veterinary

A Veterinary Surgeon should be present throughout the competition, if not; he/she SHOULD be available during the cross-country tests. Should the Veterinary Surgeon fail to attend or be called away, competitors will be advised and have the opportunity of withdrawing.

Communication

The Organiser must arrange adequate communication involving all emergency services and key officials.

Ambulance

An ambulance (human and veterinary) must be able to get to all fences and vehicles must have direct access between the cross-country course and the First Aid Centre.

8. STEWARDS AND JUDGES

Each phase will have a Section Steward.
Section Stewards will be appointed by the Organisers.

9. JURY OF APPEAL

The Jury of Appeal will consist of a member of the organising committee, the Section Steward of the phase concerned and the Official Steward, who should act as Chairman, and will have a casting vote. The Jury of Appeal must remain on the ground until half an hour after the scores have been published.

10. PROTESTS OR OBJECTIONS

Individuals are entitled to lodge objections or protests. Protests must be made in writing and addressed to the Organizer of the Tetrathlon. The originator of a protest may amplify his/her case before the Jury of Appeal, but will not be present at their deliberations.

Protests must be accompanied by a deposit of \$50, which is forfeit unless the Jury of Appeal decides that there were good and reasonable grounds for the objection. Protests must be made not later than half an hour after the happening which gave rise to them or half an hour after the scores have been published. The Jury of Appeal will give their decision after investigation and their decision is final.

The procedures of this rule apply only to formal protests. Requests for information may be made to the Organizer at any convenient time.

If a protest is in place then a protest indicator will be placed on the score sheet for that class. This is to inform other competitors, etc. that a protest is being heard and therefore the scores could change.

11. LEGAL LIABILITIES

Neither the Organising committee, nor any person acting on their behalf or PCAWA accept liability for any loss, damage, accident, injury or illness to horses, competitors, spectators or any person or property whatsoever. This disclaimer must be included in all schedules and programmes issued in connection with any Tetrathlon competition.

12. RESERVATION OF RIGHT

The organisers reserve the right :

- (a) To cancel any class or event
- (b) To divide any class.
- (c) To transfer competitors between sections of a class.
- (d) To alter the advertised times.
- (e) To refuse any entry, with or without stating the reason.

13. DRESS

All competitors at an Official Tetrathlon should be neatly dressed in Pony Club colours. Please refer to Rules for individual phases for further specifications.

14. PRESENTATIONS

Competitors MUST BE in Club Uniform, or Club T-shirts, jodhpurs and boots for the presentations. Competitors not correctly attired may have their ribbons withheld.

Ribbons will be permanently withheld from competitors who are not in attendance at the presentations, unless prior permission to be absent has been obtained from a member of the Organising Committee. Such permission will only be granted in special circumstances.

PART II

RULES FOR THE INDIVIDUAL PHASES

GENERAL

15. Composition

The order for completing the four phases (riding, running, shooting and swimming) will be at the discretion of the Organizer, and the event can be completed in one day or over two consecutive days. If it is impossible to ride a normal cross-country course, a show jumping course, possibly elongated, may be substituted for all or part of it. In such a case, a scale of jumping and time penalties, commensurate with the normal riding phase, must be drawn up by the Organizer and Official Steward. If it is unavoidable a further consecutive day may be used in such circumstances.

16. Overall Score

- (a) The scores of a competitor in each of the four phases are added together to give an overall score for the Tetrathlon.
- (b) To earn an overall score a competitor must start or attempt to start each phase and must continue until eliminated or compelled to retire because of an accident, or the exhaustion of himself or his horse.
- (c) A competitor who fails to follow the above rule will, unless granted exemption by the Organizer and the Official Steward, score nought for his overall score and will not be eligible for any awards.

17. Ties

In the event of equality in final scores, the riding phase shall decide the final placing as per the most recent PCAWA Eventing Addendum in conjunction with most recent EA National Eventing Rules. If these are the same, the result shall be declared a tie.

18. Elimination and Disqualification

A competitor who is eliminated during a phase scores nought for that phase. A competitor who is disqualified at any stage of the competition scores nought for the whole competition and takes no further part in it and will not be eligible for any awards.

- (a) Elimination is awarded in the first place by the Section Steward of the phase concerned, or by the scorers on his/her behalf in the case of elimination under Rule 24, or by the Official Steward in cases of misconduct under Rule 6(e).
- (b) Disqualification is awarded by the Official Steward on a report by the Section Steward of the phase concerned or the Ground Jury. When there is no Official Steward the Organizer acts in his/her place.

19. Unauthorised Assistance

Competitors may be encouraged or supported but may not be given direction or coaching during all phases of the competition. This is deemed as unauthorised assistance and may lead to elimination of the competitor at discretion of the Official Steward.

Riding

20. General

The riding phase will be judged in accordance with the most recent PCAWA Eventing addendum in conjunction with the most recent EA National eventing rules. For any eventuality not covered in the riding phase of the Tetrathlon rule Book refer to the most recent P.C.A.W.A. Eventing addendum in conjunction with the most recent EA National eventing rules.

The Cross Country Phase will however be scored per the Tetrathlon rules contained herein. Refer sections 24 to 26 inclusive.

21. Dress

Competitor number, safety helmet, long sleeved PCAWA **approved** club uniform and riding boots **MUST BE WORN AT ALL TIMES** whilst riding. Failure to do so may incur elimination.

Other dress requirements are in accordance with the most recent PCAWA Eventing addendum in conjunction with the most recent EA National eventing rules.

22. Standard

A competitors shall jump an 'A' grade course within PCAWA A grade specifications (1.05 m).

B Grade competitors shall jump a 'B' Grade course within PCAWA B grade specifications (0.95 m).

C Grade competitors shall jump a 'C' Grade Course within PCAWA C grade specifications (0.8 m).

D Grade competitors shall jump a 'D' Grade Course within PCAWA D grade specifications (0.65 m).

E Grade competitors shall jump a 'E' Grade Course within PCAWA E grade specifications (0.45 m)

Open competitors shall jump an A, B, C,D, and E Grade Course.

23. Medical and Veterinary

(a) Medical

Medical Arrangements in case of Accidents

- A first aid service must be present at all times during all phases of the event.
- An Emergency vehicle must be able to access all parts of the venue

Cross Country

- A fully equipped emergency ambulance (or paramedic equivalent) capable of handling and transporting a major trauma victim **SHOULD** be present during the this phase
- A Medical Doctor **SHOULD** be present during this phase
- At a minimum, there must be either a fully equipped and staffed emergency ambulance OR a doctor (equipped with a suitable vehicle)

In the event that the medical personnel leave the venue, the event must be halted until such personnel return.

(b) Veterinary

- (i) A veterinary surgeon should be on call throughout the riding phase and if called away the competitors should be advised and given the opportunity to withdraw.
- (ii) At all Tetrathlon Competitions during the riding phase a tarpaulin should be available to cover a horse should one need to be destroyed.

(c) Communications

- (i) Medical personnel, the veterinary surgeon and the ambulance are best sited near control.

- (ii) Organisers must ensure that the communication system, whether by radio or flags, is such that an accident at any fence can be notified to control as quickly as possible.
- (iii) Routes around the course for medical personnel with their ambulance, and for the veterinary surgeon must be reconnoitred in advance.

24. Unfitness of Horses

If at any time during the competition a horse is lame, or unfit to continue, it may be eliminated on the authority of the PCAWA Steward.

Compulsory Observation of Horses :

All horses must be observed at the conclusion of the riding phase by either the veterinary surgeon or steward appointed for the task. The officials concerned, in consultation with the PCAWA Steward, shall have the power to order the elimination of any horse which they consider distressed.

Competitors are warned that competing with a horse in such a condition can amount to cruelty.

Similarly, the PCAWA Steward, Chief Cross Country Judge, Jury of Appeal, or the Official Doctor or Ambulance Officer, may at any time exclude from the competition any competitor who in their opinion is severely injured or unfit to ride.

25. Scoring

1400 Marks are awarded for a clear round within the Time Allowed.

26. Penalties

- | | | |
|-----|--|---------------|
| (a) | First refusal, run out or circle of horse at an obstacle | 60 penalties |
| (b) | Second refusal, run out or circle of horse at the same obstacle | 100 penalties |
| (c) | Third refusal, run out or circle of horse at the same obstacle
(after elimination a competitor must leave the course at a walk) | Elimination |
| (d) | Fourth refusal, run out or circle at any obstacle on the whole course | Elimination |
| (e) | First fall of rider or horse on course | Elimination |
| (f) | Horse resisting rider anywhere on the course for 60 seconds
other than at Gate/Slip Rail | Elimination |
| (g) | Continuing the course without a helmet, or without its
harness correctly secured | Elimination |
| (h) | Every completed second in excess of time allowed | 2 penalties |

GATE AND SLIP RAIL

- | | | |
|-----|---|---------------|
| (i) | Failure to open and pass through the gate mounted within 60 seconds | 200 penalties |
|-----|---|---------------|

- (j) Failure to dismount, take down and pass through slip rail dismounted within 60 seconds 200 penalties
- (k) Failure to shut gate mounted, or replace slip rail dismounted within 60 seconds allowed, when it is otherwise correctly negotiated (in both cases from the departure side of the obstacle) 50 penalties
- (m) Receiving assistance to re-mount after the slip rail 60 penalties
- (n) Jumping the gate or slip rail (See Rule 26 (c)) 60 penalties
- (o) Failure to attempt to complete negotiation of the gate or slip rail (including shutting/replacing) for 60 seconds Elimination

27. Special Conditions

- (a) A competitor continuing the course after retiring or incurring elimination may be disqualified unless there are considered to be extenuating circumstances (such as doubt on his part as to the award of a refusal). The Chief Scorer will report such cases, as will any Official to whom they are evident.
- (b) If a competitor is unable to mount after the slip rail he may receive assistance to do so but will incur 60 penalties. Fence Judges (only) should assist as appropriate.
- (c) A competitor, or horse whilst in hand, who jumps the gate or slip rail incurs 60 penalties and must return round, over or through so as to rectify his error of course. Before the obstacle is re-negotiated the gate must be shut or the slip rail replaced. Fence Judges (only) should assist as appropriate.
- (d) The maximum penalty (other than for falls) which can be incurred at the gate or slip rail is 260.

28. Time Allowed

A total of 60 seconds will be added to the calculated time allowed to cater for the time required to negotiate the gate and the slip rail.

No Time penalties will be imposed for competitors completing the riding phase under the time allowed.

RUNNING

29. General

The challenge involved in the running phase is of a physical nature and requires the competitor to complete the course in the fastest possible time and must avoid the need for too much navigation.

- (a) The distance shall be 1,500 metres for all competitors.
- (b) The course should take advantage of the natural country, with some ups and downs, but not steep hills, and may include a few permanent obstacles such as gates or rails to surmount. Unnatural obstacles such as island fences should not be introduced.
- (c) Where there are compulsory turning points in the course or where a specific route is to be followed (eg. over an obstacle), red and white markers will be used - flags, posts, etc. Where appropriate, yellow or orange direction indicators will be used. All these markers must have the same significance as on the Riding Course.
- (d) A competitor may be given encouragement whilst running but it is forbidden for anyone to run with or near him acting as a pacemaker or to provide instructions or information. A penalty of 30 seconds will be incurred for each breach of this rule.
- (e) Competitors are not allowed to receive drinks or have water thrown over them. A penalty of 30 seconds will be incurred for each breach of this rule.

30. Dress

Competitors number bibs must be worn. Competitors may not run stripped to the waist. **Singlets may be worn for the running phase only. Use of ipods, headphones and mobile phones are not permitted.**

31. Timing

Competitors should be despatched at 1 minute intervals and timed from the moment they leave the start until they cross the finishing line. **If a competitor breaks the start, a marshal positioned 20 metres from the start line will hold up a red flag indicating that the competitor must go back and re cross the start line whilst the clock continues to run.**

32. Scoring

Bogey times which score 1000 points are shown below together with the points which are added or subtracted for each completed second under or over this time. **The minimum score for completion regardless of time shall be 20 points.**

- (a) **Senior, Junior and Open 'A' Grade**
(1,500 metres) 5 minutes 20 seconds. Plus or minus 4 points per second.
- (b) **'B' Grade 'C' Grade Boys and Girls and Open 'B' and 'C' Grade**
(1,500 metres) 5 minutes 40 seconds. Plus or minus 5 points per second.
- (c) **'D' Grade Boys and Girls**
(1,500 metres) 6 minutes 40 seconds. Plus or minus 5 points per second.

SHOOTING

33. Legal Requirements

State laws and regulations relevant to firearms use are complied with.

34. Distance

The distance from the firing point to the targets will be approximately 30 metres.

35. Equipment

The targets, designed and supplied by the PCAWA, are shown in Part III. The outer ring of a PCAWA target is approximately 15 cm in diameter. The rifles are .22 calibre with open sights. They are provided by the PCAWA. Competitors are not permitted to nominate which rifle they use, nor are they permitted to adjust the sights or any other parts of the rifle allocated to them for the competition. The ammunition, supplied by the PCAWA, is Winchester .22 T22 LR or an equivalent.

36. Shooting Steward

The shooting steward is responsible for:

- (a) The provision of the required shooting competition equipment and facilities.
- (b) The safe conduct of the shooting phase.

The shooting steward can eliminate a competitor from the shooting phase if their conduct, in the opinion of the shooting chief steward, represents a threat or potential threat to the safe conduct of the competition. Should this occur then the competitor will score 0 for the shooting phase.

- (c) Ensuring that every competitor is given a fair opportunity to compete to the best of their ability within the rules.
- (d) Ensuring the medical requirements stated in Part 1 section 7 are in place during the competition

37. Firing Point Assistants

A firing point assistant will be assigned to each firing point. Firing point assistants are responsible for:

- (a) The safe use of the rifle by each competitor under their supervision.
- (b) Seeing that each competitor under their supervision responds correctly and promptly to the instructions given by the Shooting Steward.
- (c) Assisting competitors to load and reload, when required.
- (d) Indicating to each competitor where on the target their first two shots, 'sighter shots', fall.

37. Competitor's Responsibility

Each competitor is required to:

- (a) Know the rules of competition for the shooting phase.
- (b) Report promptly when called to the target and ammunition issuing point.
- (c) Have binoculars (or other optical device) with them when called forward to the firing point – if they wish to use them as allowed in Rule 38.
- (d) Obey the instructions given by the shooting Steward and the firing point assistants.

38. Method

When directed by the shooting steward, each competitor will adopt the lying position and fire seven shots at their target. In the prone position, the competitor must lie flat on his/her stomach. Both elbows must be on the ground, with both hands supporting the rifle. One hand must hold the pistol grip of the rifle. The other hand must hold the stock of the rifle - forward of the trigger guard. The butt of the rifle must be held into the shoulder - NOT in the armpit underneath the shoulder.

A rifle barrel support, supplied by the PCAWA, will be available to competitors at each firing point. Use of the support by the competitor is at their discretion.

After the first two 'sighter' shots and after their final shot, the competitor is permitted to use his/her own binoculars (or other optical device) to view his/her target while remaining in the prone position at the firing point.

Between discharge of the third and seventh shot, competitors are not permitted to ascertain by optical or other devices used by themselves or by a third party, where their shots are falling.

39. Scoring

In counting the points scored by each competitor:

- (a) The points value of each counted shot is as indicated on the PCAWA target, see Part III.
- (b) The maximum possible score is 1000.
- (c) Of the seven shots fired, only the best five are counted. The five that are counted may include one or both of the 'sighter' shots.
- (d) Where part of the hole made by the bullet cuts any part of a line dividing scoring areas on the target, the shot counts the higher score. This concession does not apply to tear lines radiating beyond the circular hole cut by the bullet. If there is any doubt then the shooting chief steward will determine the score to count.
- (e) In scoring a target which shows more than seven hits, the best five are counted.
- (f) Team managers verify and sign off on all team members shooting scores
- (g) The Official Steward, scorers and organisers are to ensure that all scorers targets are held and retained until the protest or objections time period has expired.

SWIMMING

41. General

Competitors will score points according to the distance they have swum in 4 minutes. They may use whatever style they wish and may change it during the swim.

42. Dress

Wet suits may not be worn. Suitable swimming attire should be worn and should be in line with the particular Pool's requirements. Racing bathers and goggles are strongly recommended.

43. Method

- (a) Competitors should swim in heats, the number in each heat depending on the number of lanes in the pool.
- (b) A competitor may start the swim already in the water provided they are in contact with the end of the pool by at least one hand or foot.
- (c)
 - (i) The starter shall take up a position at the side of the pool. The Competitors, on a signal from the starter, shall take up position a short pace back from the edge of the pool. On the preparatory command from the Starter "Take Your Marks", the competitors shall immediately take up a starting position on the edge of the pool, in the pool or on the blocks and remain stationary until the starting signal is given. If a false start occurs, the swimmers must be recalled and the heat re-started.
 - (ii) If the first attempt to start the heat is false, the swimmers must be warned that in the event of any further false starts those deemed responsible will be required to start in the water for all subsequent re-starts.
- (d) The time is taken from the start signal to the signal at the end of 4 minutes. A hooter or gun should be used as this signal. The starter also acts as timekeeper and will give two loud whistles when three and a half minutes has elapsed to notify the lane judges that the heat will end in thirty seconds.
- (e) **A swimmer must touch the end of the pool with some part of his body each time he turns.** 100 points will be deducted for each breach of this rule. Rules about how the end is to be touched, depending on the style of swim, do not apply in the Tetrathlon.
- (e) The distance swum is measured at the point reached by the swimmer's head when four minutes has elapsed.

44. Safety

A suitably qualified aquatic supervisor must always be standing by to help any competitor who gets into difficulties. It is important to ensure that the immediate area around the pool is free of spectators and/or competitors.

45. Scoring

A competitor will score **4** points for every metre swum within the 4 minutes allowed.

46. Walking

- (a) If a competitor is seen to be walking on the bottom of the pool, the swimming steward following a report by the lane judge is empowered to deduct from the distance covered by that competitor an amount equal to the distance walked.
- (b) There is nothing to prevent a competitor who, for any reason, leaves the pool, re-entering and continuing the swim provided it is within the time and starts again from the point at which they left off.

47. Forbidden Substances

The use of grease, oil or any similar substance on the body is forbidden. Use of such a substance may result in elimination at the discretion of the Swimming Steward

PART III**READY RECKONERS AND TARGET**

Ready reckoners (examples only) are supplied for:

- (a) Cross country time faults.
- (b) Championship, Senior, Junior, and Open A Grade.
- (c) B Grade, C Grade, D Grade and Open B Grade running.
- (d) Swimming.

A target is supplied – photocopy for practising.

Part IV**SPECIAL RULES FOR STATE TETRATHLON CHAMPIONSHIP****1. CLASSES OF THE PONY CLUB TETRATHLON**

- (a) **Championship Team Competition** **Age as at 1st of Jan in the year of competition:
12 to 25 years inclusive**

Teams to consist of four or three boys and/or girls, as appropriate, aged twelve to twenty-five years inclusive, from affiliated Clubs of The Pony Club Association of Western Australia. Any Club may enter more than one Club team and/or individuals to be balloted into Composite teams. If a team consists of four, then its score is the sum of the best three performances overall.

- (b) **The Individual Championship Competition**

The scores for all competitors in the Championship Teams Competition automatically count for this competition.

Age as at 1st of Jan in the year of competition :
Senior Championship Boys 16 - 25
Senior Championship Girls 16 - 25
Junior Championship Boys 12 - 15
Junior Championship Girls 12 – 15

- (c) **B Grade Team Competition** **Age as at 1st of Jan in the year of competition:
12 to 25 years inclusive**

Teams to consist of four or three boys and/or girls, as appropriate, aged twelve to twenty-five years inclusive, from affiliated Clubs of The Pony Club Association of Western Australia. Any Club may enter more than one Club team and/or individuals to be balloted into Composite teams. If a team consists of four, then its score is the sum of the best three performances overall.

- (d) **The Individual B Grade Competition** **Age at 1st of Jan in the year of competition :**

Senior B Grade Boys 16 - 25
Senior B Grade Girls 16 - 25
Junior B Grade Boys 12 - 15
Junior B Grade Girls 12 – 15

Eligibility: If a rider and horse combination has completed **more than one (1)** PCAWA Grade A course or EFA Junior Pre Novice course or above in the twelve (12) months prior to close of entries for Tetrathlon, they are not eligible to compete in the 'B' Grade competitions.

- (e) **'C' Grade Team Competition** **Age at :1st of Jan in the year of competition :**
Juniors 11 to 15 years inclusive.
Seniors 16 to 25 years inclusive.

Teams to consist of four or three boys and/or girls, as appropriate, aged eleven to twenty-one years inclusive, from affiliated Clubs of The Pony Club Association of Western Australia. Any Club may enter more than one Club team and/or individuals to be balloted into Composite teams. If a team consists of four, then its score is the sum of the best three performances overall.

- (f) **The Individual C Grade Competition**

Age at :1st of Jan in the year of competition :
Senior C Grade Boys 16 - 25
Senior C Grade Girls 16 - 25
Junior C Grade Boys 11 - 15
Junior C Grade Girls 11 - 15

Eligibility: If a rider and horse combination has completed **more than one (1)** PCAWA Grade B, or one (1) EFA Preliminary event (previously EFA Preliminary 1), or one PCAWA B Grade Tetrathlon in the twelve (12) months prior to close of entries for Tetrathlon, they are not eligible to compete in the C Grade competitions.

(g) D Grade Team Competition **Age at 1st of Jan in the year of competition :
10 to 12 years inclusive**

Teams to consist of four or three boys and/or girls, as appropriate, aged ten to twelve years inclusive, from affiliated Clubs of The Pony Club Association of Western Australia. Any Club may enter more than one Club team and/or individuals to be balloted into Composite teams. If a team consists of four, then its score is the sum of the best three performances overall.

(h) The Individual D Grade Competition

**Age at 1st of Jan in the year of competition :
Junior D Grade Boys and Girls 10 - 12
Senior D Grade Boys and Girls 13 - 15**

Eligibility: If a rider and horse combination has completed **more than one (1)** PCAWA Grade C, or one (1) EFA Introductory 1 event (previously EFA Preliminary 2), or one PCAWA Grade C Tetrathlon in the twelve (12) months prior to close of entries for Tetrathlon, they are not eligible to compete in the D Grade competition.

(h) Open Competition **Age as 1st of Jan in the year of competition :**

**Teams & Individuals as above 18 years & over as
at December 31 of the year preceding the
Tetrathlon . PCAWA members must compete in
PCAWA classes**

Eligibility: Competitors shall jump either a PCAWA A Grade, B Grade or C Grade Course.

2. FORMAT

In all age groups, boys' and girls' Individual Competitions are graded separately from each other. Details of the standards for each phase are given in the appropriate sections of Part II.

3. ELIGIBILITY

A Club Official is required to certify and may be required to substantiate that:

- (i) All competitors entered are current financial and active Members or Associates of the stated Pony Club and have attended as a horse/rider combination a minimum of three working rallies of this or their previous Club in the twelve months prior to the closing date of nominations for the event, excluding team practices and coaching. *Two* of the working rallies must have been at the Club they are representing at the Tetrathlon. Coaching Associates must have ridden their horse at, at least one working rally.
- (ii) Minimum age for horses is as per the most recent PCAWA Eventing Addendum.
- (iii) The one horse, one rider rule will apply for all Pony Club and Open Classes. e.g. horses may be entered for one class only and may not be entered in any other class.

4. PCAWA MEMBERSHIP

Copy of Championship declarations must be forwarded with entries. In the event that all declarations are not received with the entry form, the entry will not be accepted.

5. SUBSTITUTION

After the closing date for declarations no substitutions may be made of horses or riders except in cases of illness, lameness or other unavoidable circumstance which must be certified by a club official.

In such a case:

- (i) If a horse has to be substituted an alternative combination may be nominated.
- (ii) If a competitor has to be substituted an alternative combination may be nominated.
- (iii) No rider may be substituted after the competition has started.
- (iv) No horse may be substituted after the Riding Phase has started.
- (v) No horse or competitor replaced by a substitute may re- enter the competition.
- (vi) In all cases of substitution a club official must certify in writing that the substitute is eligible under Rule 3 above.
- (vii) Substitution only applies to teams of the same grade.
- (viii) Clubs are not permitted to replace Horse/rider combination with a Horse/rider from a composite team.

6. JURY OF APPEAL

The Jury of Appeal will consist of a member of the organising committee, the Steward of the phase concerned and the Official Steward, who should act as Chairman, and will have a casting vote. The Jury of Appeal must remain on the ground until half an hour after the scores have been published.

7. PROTESTS OR OBJECTIONS

Only Team Managers are entitled to lodge objections or protests. Protests must be made in writing and addressed to the Organizer of the Tetrathlon. The originator of a protest may amplify his case before the Jury of Appeal, but will not be present at their deliberations.

Protests must be accompanied by a deposit of \$50, which is forfeit unless the Jury of Appeal decides that there were good and reasonable grounds for the objection. Protests must be made not later than half an hour after the happening which gave rise to them or half an hour after the scores have been published. The Jury of Appeal will give their decision after investigation and their decision is final.

The procedures of this rule apply only to formal protests. Requests for information may be made to the Organizer at any convenient time.

If a protest is in place then a protest indicator will be placed on the score sheet for that class. This is to inform other competitors, etc. that a protest is being heard and therefore the scores could change.

